



TIMETABLE

Monday	
3:30 pm - 4:00 pm	Geckos - ages 2 to 3
4:00 pm - 4:30 pm	Geckos - ages 4 to 6
4:30 pm - 5:15 pm	Beginner TKD - Transition, White & Yellow Belts
5:15 pm - 6:00 pm	Technical Class - KICKING - All belts, ages 6 and up
6:00 pm - 7:00 pm	Intermediate/ Advanced TKD - Blue, Red & Black Belts - 12 yrs

Tuesday	
3:30 pm - 4:00 pm	Geckos - ages 2 to 3
4:00 pm - 4:30 pm	Geckos - ages 4 to 6
4:30 pm - 5:15 pm	Beginner TKD - Transition, White & Yellow Belts
5:15 pm - 6:00 pm	Technical Class - OLYMPIC SPARRING - All belts, ages 6 and up
6:00 pm - 7:00 pm	Intermediate/ Advanced TKD - Blue, Red & Black Belts - 12 yrs Teens & Adults TKD - All belts, ages 12 and up

Wednesday	
3:30 pm - 4:00 pm	Geckos - ages 2 to 3
4:00 pm - 4:30 pm	Geckos - ages 4 to 6
4:30 pm - 5:30 pm	Technical Class - PATTERNS - All belts, all ages
5:30 pm - 6:30 pm	Technical Class - OLYMPIC SPARRING - All belts, ages 6 and up

Thursday	
3:30 pm - 4:00 pm	Geckos - ages 2 to 3
4:00 pm - 4:30 pm	Geckos - ages 4 to 6
4:30 pm - 5:15 pm	Beginner TKD - Transition, White & Yellow Belts
5:15 pm - 6:00 pm	Technical Class - KICKING - All belts, ages 6 and up
6:00 pm - 7:00 pm	Intermediate/ Advanced TKD - Blue, Red & Black Belts - 12 yrs Teens & Adults TKD - All belts, ages 12 and up

Friday	
3:30 pm - 4:00 pm	Geckos - ages 6 and under
4:00 pm - 4:45 pm	All belts TKD - All belts, all ages

Saturday	
8:45 am - 9:15 am	Geckos - ages 2 to 3
9:15 am - 9:45 am	Geckos - ages 4 to 6
9:45 am - 10:30 am	All belts TKD - All belts, all ages
10:30 am - 11:15 am	Technical Class - PATTERNS - All belts, all ages
11:15 am - 12:15 pm	Technical Class - OLYMPIC SPARRING - All belts, ages 6 and up

Arrive 5 minutes before class start times, 10 minutes before sparring classes